

14th Annual Gilman Hillbilly Run (5K)

Saturday, July 28th, 2018

Gilman, MN

Sponsored by:

**Gilman Park and Rec/Snap Fitness-Foley/Toni Nadeau Insurance Agency/
Henry Embroidery & Screen Printing/Endurance Shop**

**Registration will be at 7:15 am in the St. Peter & Paul church parking lot
Early Race Packet Pickup will be from 8:30am - 4:30pm Friday, July 27th, 2018 at
Toni Nadeau Insurance Agency – Foley, MN**

Start time: 5K Start: 7:45 AM
Kids Fun Run 8:30 AM (Free) Registration that day

Registration: \$20.00 if postmarked by July 6th ... \$25.00 after July 5th and Race Day
T-Shirts and State Farm cinch sacks guaranteed to those who pre-register by
July 5th (for 5K only)

The clock will be stopped 60 minutes after the 5k begins. No pets please. Headphones/earbuds are welcome.
We ask that you take one out while running so you can hear if necessary.

Prizes

\$100 Gift Certificate to the Endurance Shop to overall Male and Female Winners

Mail entries to: Elissa Brenny
11983 103rd Ave NE Foley, MN 56329

Make Checks Payable to:
Gilman Park and Rec

(Cut here)

(Cut here)

Name: _____ Age: _____ Sex M ___ F ___

Phone: (_____) _____ T-Shirt Size (Circle) S M L XL XXL
YS YM YL

Mailing Address: _____

City, State, Zip: _____

E-Mail address: _____

Knowingly and at my own risk, I hereby enter the Gilman Day's 5K. I or my parent/guardian hereby waive and release any and all claims for damages I may incur as a result of participation in this event, including the City of Gilman, Officials, Directors, Sponsors or Volunteers for said injuries.

Signature: _____

Co-Signature: _____ (Parent/guardian if under 18)